

The best-kept secret is out... Sculptra® Aesthetic is in!

A non-surgical option to help you **look as young as you feel**



Cynthia St. Germain, RN, BSN

The office of Dr. Stephen Lazarus is the top provider of Sculptra®/Sculptra® Aesthetic for the entire state of Tennessee.

When Poly-L-Lactic Acid (Sculptra®/Sculptra® Aesthetic) was first introduced in the United States in 2005, the practice of Dr. Stephen Lazarus recognized the potential benefits for aesthetic patients. Cynthia St. Germain, RN, BSN and Dr. Lazarus participated in a series of intensive training sessions, beginning in January, 2006. Under

the supervision of Dr. Lazarus, Cynthia St. Germain, RN, BSN, a highly skilled and experienced licensed Registered Nurse injector, gained more experience with Sculptra®/Sculptra® Aesthetic than any other nurse injector or physician in Knoxville. Cynthia has since become one of the most highly regarded injectors of Sculptra®/Sculptra® Aesthetic in the region, having personally performed Sculptra®/Sculptra® Aesthetic injection treatments on over 1000 patients.

At the request of Besse Medical, the makers of Sculptra® Aesthetic, Cynthia demonstrated her Sculptra®/Sculptra® Aesthetic injection techniques during a seminar of the national Annual Aesthetic Symposium of the American Society of Plastic Surgery Nurses in New York City, in conjunction with the 2007 annual meeting of the Aesthetic Society of Plastic Surgery.

Such experience enables us to provide you with the expertise necessary to make an informed decision about whether Sculptra®, or Sculptra® Aesthetic, is right for you. Also, a collection of before and after pictures of patients who have been treated in our office is available for your viewing.

What is Sculptra® Aesthetic?


Sculptra® Aesthetic is a unique and long-lasting filler. The injectable material is poly-L-lactic acid. As an injectable, non-surgical procedure, it restores the youthful, robust fullness to the face that is lost with the aging process. Sculptra® Aesthetic should be thought of

as a facial “volumizer” (restores fullness) rather than just a superficial wrinkle filler.

How does Sculptra® Aesthetic work?

Sculptra® Aesthetic stimulates the growth of new collagen which increases skin thickness creating a fuller, more youthful appearance to the mid and lower portions of the face. Two or more treatment sessions spaced four to six weeks apart may be required for optimal results. Visible improvement may last two years or longer.

Does Sculptra® Aesthetic replace facelift surgery?

Excessive loose skin in the eyelids or in the neck and jaw line still requires surgical procedures. Sculptra® Aesthetic can complement the results of these procedures by restoring a youthful fullness around the eyes, in the cheeks, and the lower face. However, surgery is not necessary to enjoy the benefits of Sculptra® Aesthetic. 

Call to schedule a complimentary consultation to discuss the procedure, benefits and risks in detail.



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Injectable poly-L-lactic acid (Sculptra®) will now be marketed for cosmetic indications as Sculptra® Aesthetic. The FDA has approved Sculptra® Aesthetic for the correction of shallow to deep nasolabial fold (smile lines), contour deficiencies and other facial wrinkles with the appropriate injection technique in healthy people. As with any surgical or non-surgical procedure, the risks and benefits should be discussed prior to treatment.



Stephen M. Lazarus,
M.D., F.A.C.S.

Board Certified Plastic Surgeon

Dr. Lazarus performs all surgical procedures in the privacy and safety of his certified office surgery facility. Procedures include Facelift, Eyelid Surgery, Rhinoplasty, Breast Augmentation, Tummy Tuck and more.

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