

# Thinking About Plastic Surgery?

**O**ver 10 million surgical and non-surgical cosmetic procedures were performed in the United States in 2008. That's according to the annual American Society for Aesthetic Plastic Surgery (ASAPS) survey.

The top five surgical procedures were: breast augmentation, liposuction, eyelid surgery, rhinoplasty (nose reshaping), and abdominoplasty (tummy tuck).

The top nonsurgical cosmetic procedures included Botox® injections, laser hair removal, hyaluronic injections (e.g. Juvederm®, Perlane®), and chemical peels.

**Dr. Stephen M. Lazarus of Aesthetic Plastic Surgery Associates, PA** performs all of these procedures and more in his Weisgarber Medical Park office. "Our patients tell us they appreciate the convenience, comfort, safety and privacy of our office," says Dr. Lazarus. "All of these options are available in one location because of our certified in-office surgery suite."


**Is it safe to have surgery in an office facility?** In the ASAPS survey, 53% of cosmetic surgeries were performed in an office based surgery facility. Over 4,000 procedures have been performed in Dr. Lazarus's Weisgarber office since 1992 with a perfect safety record—no transfers to a hospital and no fatalities.

Dr. Lazarus has practiced plastic surgery in Knoxville since 1983, and moved to his current location in 1991. This new office location included a

surgical suite. According to Dr. Lazarus, "There were no restrictions on in-office surgery at that time. But with patient safety the top priority, I voluntarily obtained accreditation from the AAAASF (American Association for the Accreditation of Surgical Facilities). This ensured that national standards for patient safety were met."

For 2008, the state of Tennessee established mandatory rules and regulations for Level III (surgery with anesthesia and lasting longer than 30 minutes) office based surgery. Dr. Lazarus has complied with these inspections and has a Level III Office Based Surgery Certification.

**Will I feel anything during surgery?** "No," says Dr. Lazarus, "that's because a certified registered nurse anesthetist (CRNA) is always present during surgery. The recovery is quick, with rare instances of after-surgery nausea/vomiting because of the type of intravenous drugs used by the CRNA. Anesthetic gases are not required."

"Minimizing complications as well as patient safety are top priorities. For example, in reviewing our last 1,000 breast augmentations there were no hematomas (bleeding which requires re-operation) and no infections. All procedures have potential risks that must be discussed with the patient," advises Dr. Lazarus, "but with attention to surgical detail and patient compliance, a high degree of success can be achieved." 

**For more information concerning any surgical or non-surgical procedures, please call 865-588-1662 for a complimentary consultation.**



**Stephen M. Lazarus,**  
M.D., F.A.C.S.  
Board Certified Plastic Surgeon

Dr. Lazarus performs all surgical procedures in the privacy and safety of his certified office surgery facility. Procedures include Facelift, Eyelid Surgery, Rhinoplasty, Breast Augmentation, Tummy Tuck and more.

801 Weisgarber Rd.,  
Suite 500  
Knoxville, TN 37909  
865.588.1662

